



## NEWS RELEASE

For Immediate Release

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### 16<sup>th</sup> Annual Bike to Work Day Rescheduled for June 3<sup>rd</sup>

**Knoxville, TN June 3, 2016** – Are you a regular bike commuter who wants some company on your daily ride? Are you new to it and want to meet people and learn the best routes? Come out for the 16<sup>th</sup> annual Bike to Work Day on Friday, June 3, 2016! It's a great opportunity to introduce those who have considered bike commuting and it's a fun way for those who already participate to meet new people.

"It's fine if you drive to the convoy meeting location and then bike in with the group," says Kelley Segars, Principal Planner with the Knoxville Regional Transportation Planning Organization. "You're still saving money on gas, and making physical activity part of your daily routine."

Meet up with other riders at various locations Friday morning and head out together. Rides leave from north, south, east, and west and travel to Market Square. There will be coffee and treats provided by [Trio Café](#) and [Wild Love Bakehouse](#) from 7:30-8:30 a.m., and Smart Trips awards presented at 8 a.m.

Don't work downtown or have a different schedule? We want to recognize you, too! Other rewards for biking to work on June 3<sup>rd</sup>:

A free ice cream cone from [The Original Freezo](#)

A free cup of coffee from [Old City Java](#)

A free cup of coffee from [Wild Love Bakehouse](#)

Thanks to all these local businesses for their donations and support! Check out [ibikeknx.com](http://ibikeknx.com) for more events and discounts from generous local businesses throughout the month of May. Discounts are offered to anyone with an I Bike KNX helmet sticker, which are available by taking a safe biking pledge [online](#), at Mast General Store, or at Three Rivers Market.

#### CONVOYS:

- North Knoxville to downtown and UT – meet at Office Depot/Food City parking lot on Broadway at 7 a.m. – 4212 N Broadway
- East Knoxville to downtown and UT – meet at Holston River Park at 7 a.m. – 3300 Holston Hills Road (top parking lot by pavilion)
- Bearden to downtown and UT – meet at Third Creek Greenway trailhead at 7:15 a.m. – 130 Forest Park Boulevard
- South Knoxville to downtown and UT – meet at southeast corner of Sevierville Pike and Lancaster Drive at 7:15 a.m. – 3701 Sevierville Pike

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**Knoxville-Knox County Metropolitan Planning Commission**

The Metropolitan Planning Commission (MPC) was established in 1956 by Knoxville and Knox County as the agency responsible for comprehensive county-wide planning and administration of zoning and land subdivision regulations and remains so today (except for the town of Farragut). Funding for MPC activities comes primarily from city and county appropriations and from federal grants for specific studies. The Commission prepares and adopts a general plan, reviews subdivision regulations and site plans, prepares and recommends zoning ordinances and maps to the Knox County Commission and Knoxville City Council, reviews proposed zoning amendments, and prepares a capital improvements plan for the City of Knoxville. For more information, visit our website: [www.knoxmpc.org](http://www.knoxmpc.org)